

### **PORK 4'S SAUSAGES INGREDIENTS:**

Salt, WHEAT FLOUR, Calcium Carbonate, Iron, Niacin, Thiamin, Flavourings, Stabiliser (e451), Preservative (E221), Flavour Enhancer (E621). Rusk (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Salt) Raising agent (E503) Spices (Ginger, Mace, Nutmeg) Antioxidant (E300), Humectant (E1520) Colour (E120) Nutmeg, Antioxidant (E300), Humectant (E1520) Colour (E120)

ALLERGEN WARNING: CONTAINS GLUTEN AND SULPHITES.

### **4OZ BEEF BURGER INGREDIENTS:**

Beef 82%, Rusk (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Salt) Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin). Dextrose, Onion Powder, Flavourings, Dried onion, Stabiliser (E451) Salt, Anti Caking Agent (E551), Antioxidant (E500), Colour (E120)

ALLERGEN WARNIG: CONTAINS GLUTEN, HVP (SOYA) & SULPHITES

### **Fish Fingers:**

(Fish) (60%), Breadcrumb (Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt, Cider Vinegar, Wheat Flour), Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Water, Wheat Gluten, Cornflour, Salt, Sunflower Oil, Sugar, Spices: Paprika, White Pepper.

### **Brioche Buns:**

WHEAT Flour (with Calcium, Iron, Niacin and Thiamin), Water, Unsalted Butter (MILK) (8%), Yeast, Sugar, Free Range Whole EGG, Free Range EGG White, Glaze (Water, Vegetable Protein, Dextrose), WHEAT Gluten, Salt, Skimmed MILK Powder, Emulsifier (E472e), Flour Treatment Agent (E300).

### **Kingsmill malted bloomer (used for our cold sandwiches)**

WHEAT Flour (with calcium, iron, niacin (B3) and thiamin (B1)), Water, Malted WHEAT Flakes (6%), Yeast, Malted BARLEY Flour, WHEAT Protein, WHEAT Bran, Fermented WHEAT Flour, Salt, Sustainable SOYA Flour, Vegetable Oils (Rapeseed, Sustainable Palm), WHEAT Semolina, Dried Malted WHEAT Sourdough, Vinegar, Flour Treatment Agent: Ascorbic Acid (Vitamin C)

### **LINDA MCCARTNEY VEGAN SAUSAGES**

ehydrated Textured Soya Protein (58%) Water, Soya Protein Concentrate, Rapeseed Oil, Seasoning (Sulphites) (Dextrose, Flavourings, Salt, Onion Powder, Yeast Extract, Colour: Iron Oxides and Hydroxides), Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Bamboo Fibre, Tomato Purée, Stabiliser: Methyl Cellulose, Salt, Raising Agent: Ammonium Carbonates.

### **Dr schar gluten free & vegan bread**

Water, Tapioca Starch, Rice flour, Rapeseed Oil, Potato Flakes, Psyllium Husk Powder, Humectant: Vegetable Glycerine, Sugar, Stabiliser: Hydroxypropyl Methyl Cellulose, Baker's Yeast, Maize Flour, Vitamins and Minerals [Calcium Carbonate, Niacin (B3), Iron, Thiamine (B1)], Salt, Fermented Rice Flour

### **Ciabatta bread & breakfast ciabatta rolls:**

WHEAT Flour (Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin)), Water, Light RYE Flour, Yeast, Salt (Salt, Anti-caking Agent (Sodium Ferrocyanide: E535), WHEAT GLUTEN, Extra Virgin Rapeseed Oil, BARLEY Malt Flour, Bread Improver (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Enzymes: Xylanase, Alpha Amylase, Glucose Oxidase, Flour Treatment Agent: Ascorbic Acid)

## **CURRY SAUCE POWDER:**

WHEAT FLOUR, (WHEAT, calcium, iron, Niacin, Thiamin), Palm Oil, Curry Blend (ground coriander, ground turmeric, MUSTARD flour, Chana Dal, Ground cumin, Chilli powder, Ground Fenugreek, Black Pepper, Garlic powder, salt) Sugar, Flavour Enhancer E621, Tomato Powder,.

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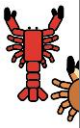
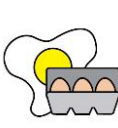
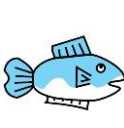









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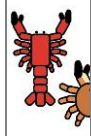
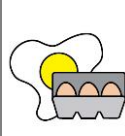
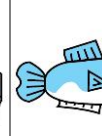
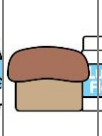

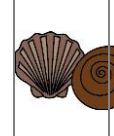


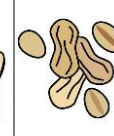

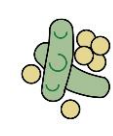

DISHES AND THEIR ALLERGEN CONTENT - [INSERT THE NAME OF YOUR FOOD BUSINESS HERE]

BURGERS & HOT DOGS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
BUTTERMILK CHICKEN BURGER		CONTAINS WHEAT		CONTAINS			CONTAINS					MAY CONTAIN		
BEEF BURGER		CONTAINS WHEAT		CONTAINS			CONTAINS					MAY CONTAIN	CONTAINS	CONTAINS
CHEESE BURGER		CONTAINS WHEAT		CONTAINS			CONTAINS					MAY CONTAIN	CONTAINS	CONTAINS
MAEN BURGER		CONTAINS WHEAT		CONTAINS			CONTAINS					MAY CONTAIN	CONTAINS	CONTAINS
HALLOUMI BURGER		CONTAINS WHEAT		CONTAINS			CONTAINS					MAY CONTAIN		
MACKERAL BAP		CONTAINS WHEAT		CONTAINS	CONTAINS		CONTAINS					MAY CONTAIN		
FISH FINGER BAP		CONTAINS WHEAT		CONTAINS	CONTAINS		CONTAINS					MAY CONTAIN	MAY CONTAIN	
HOT DOG & ONIONS		CONTAINS WHEAT & BARLEY				MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN	MAY CONTAIN	CONTAINS
HOT DOG & CHEESE		CONTAINS WHEAT & BARLEY				MAY CONTAIN	CONTAINS		MAY CONTAIN			MAY CONTAIN	MAY CONTAIN	CONTAINS





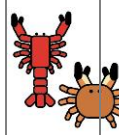


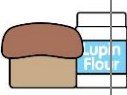




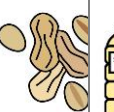



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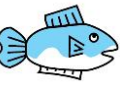
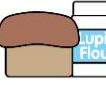






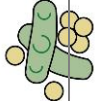

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HOT DOGS & BREAKFAST	             													
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
HOT DOG WITH CHEESE & ONIONS		CONTAINS WHEAT & BARLEY					CONTAINS		MAY CONTAIN			MAY CONTAIN	MAY CONTAIN	CONTAINS
PLAIN HOT DOG		CONTAINS BARLEY AND WHEAT					MAY CONTAIN		MAY CONTAIN			MAY CONTAIN	MAY CONTAIN	CONTAINS
BACON BAP		CONTAINS WHEAT, RYE & BARLEY					MAY CONTAIN						MAY CONTAIN	
SAUSAGE BAP		CONTAINS WHEAT, RYE & BARLEY					MAY CONTAIN						MAY CONTAIN	CONTAINS
BACON & SAUSAGE BAP		CONTAINS WHEAT, RYE & BARLEY					MAY CONTAIN						CONTAINS	CONTAINS
VEGAN SAUSAGE BAP		CONTAINS WHEAT, RYE & BARLEY					MAY CONTAIN						CONTAINS	
VEGAN SAUSAGE & EGG BAP		CONTAINS WHEAT, RYE & BARLEY		CONTAINS			MAY CONTAIN						CONTAINS	
TOAST, BUTTER & JAM		CONTAINS WHEAT & BARLEY					CONTAINS						CONTAINS	

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BREAKFAST, MAINS & SIDES														
	Cele ry	Cereals containing gluten	Crusta ceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut s	Sesam e seeds	Soya	Sulphur Dioxide
Granola, Berry Compote, Greek Yoghurt Pot		CONTAINS OATS. MAY CONTAIN WHEAT & BARLEY					CONTAINS			MAY CONTA IN				CONTAINS
BACON & EGG BAP		CONTAINS WHEAT, RYE & BARLEY		CONTAINS			MAY CONTAIN						MAY CONTAIN	
SAUSAGE & EGG BAP		CONTAINS WHEAT, RYE & BARLEY					MAY CONTAIN						MAY CONTAIN	CONTAINS
BACON, SAUSAGE & EGG BAP		CONTAINS WHEAT, RYE & BARLEY		CONTAINS			MAY CONTAIN						MAY CONTAIN	CONTAINS
BREAKFAST BAP		CONTAINS WHEAT, RYE, BARLEY		CONTAINS			MAY CONTAIN						MAY CONTAIN	CONTAINS
DOUBLE EGG BAP		CONTAINS WHEAT, RYE & BARLEY		CONTAINS			MAY CONTAIN						MAY CONTAIN	
CHIPS														
CHEESY CHIPS							CONTAINS							

SIDES CONTINUED														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHIPS & CURRY SAUCE		CONTAINS WHEAT							CONTAINS					
POT OF 5 PIGS IN BLANKETS		CONTAINS WHEAT												CONTAINS
POT OF 5 CAMEMBERT BITES & CRANBERRY SAUCE		CONTAINS WHEAT							CONTAINS					

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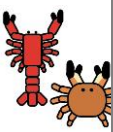
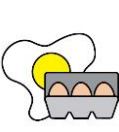

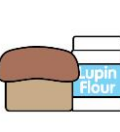

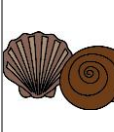



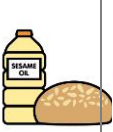


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Ciabatt as														
	Celery	Cereals containing gluten	Crustace ans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHRISTMAS CIABATTA		CONTAINS WHEAT, RYE & BARLEY		MAY CONTAIN			MAY CONTAIN						MAY CONTAIN	CONTAINS
Bacon, Brie & Cranberry		CONTAINS WHEAT, RYE & BARLEY		MAY CONTAIN			CONTAINS						MAY CONTAIN	
Bacon, Chesse & Tomato		CONTAINS WHEAT, RYE & BARLEY		MAY CONTAIN			CONTAINS						MAY CONTAIN	
Med Veg & Goats Cheese		CONTAINS WHEAT, RYE & BARLEY		MAY CONTAIN			CONTAINS						MAY CONTAIN	
Ham & Cheese		CONTAINS WHEAT, RYE & BARLEY		MAY CONTAIN			CONTAINS						MAY CONTAIN	
Mozzarella, Tomato & Pesto		CONTAINS WHEAT, RYE & BARLEY		MAY CONTAIN			CONTAINS			CONTAINS CASHEW NUTS	MAY CONTAIN		MAY CONTAIN	
Chicken, Mozzarella, Tomato & Pesto		CONTAINS WHEAT, RYE & BARLEY		MAY CONTAIN			CONTAINS			CONTAINS CASHEW NUTS	MAY CONTAIN		MAY CONTAIN	
Tuna Melt		CONTAINS WHEAT, RYE & BARLEY		MAY CONTAIN			CONTAINS			CONTAINS CASHEW NUTS			MAY CONTAIN	
Chicken, Chorizo, Cheese & Garlic Mayo Ciabatta		CONTAINS WHEAT, RYE & BARLEY		MAY CONTAIN			CONTAINS		CONTAIN NS				MAY CONTAIN	

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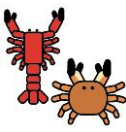
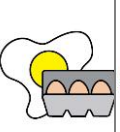

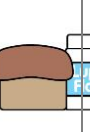








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CAKES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
ORANGE MARMALADE		CONTAINS WHEAT		CONTAINS			CONTAINS			MAY CONTAIN TRACES	MAY CONTAIN TRACES		CONTAINS	CONTAINS
GINGER CAKE		CONTAINS WHEAT		CONTAINS			CONTAINS			MAY CONTAIN TRACES	MAY CONTAIN TRACES		CONTAINS	CONTAINS
APPLE CINNAMON		CONTAINS WHEAT		CONTAINS			CONTAINS			MAY CONTAIN TRACES	MAY CONTAIN TRACES		CONTAINS	CONTAINS
CARROT & WALNUT		CONTAINS WHEAT		CONTAINS			CONTAINS			MAY CONTAIN TRACES	MAY CONTAIN TRACES		CONTAINS	
COFFEE & WALNUT		CONTAINS WHEAT		CONTAINS			CONTAINS			MAY CONTAIN TRACES	MAY CONTAIN TRACES		CONTAINS	
BROOKIE		CONTAINS WHEAT		CONTAINS			CONTAINS			MAY CONTAIN TRACES	MAY CONTAIN TRACES		CONTAINS	
VEGAN APPLE & CINNAMON CRUMBLE		CONTAINS WHEAT & OATS					MAY CONTAIN			MAY CONTAIN TRACES	MAY CONTAIN TRACES		CONTAINS	
FLAPJACK		CONTAINS OATS		MAY CONTAIN			CONTAINS			MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN	
SEDDER FLAPJACK		CONTAINS OATS		MAY CONTAIN			CONTAINS			MAY CONTAIN TRACES	MAY CONTAIN TRACES		MAY CONTAIN	

**Pizza bases:**

**WHEAT flour**, 26% tomato purée, water, 2.4% tomato concentrate, rapeseed oil, salt, baker's yeast, extra virgin olive oil, sugar, oregano, onions, garlic, pepper, basil, roasted onions

**Ciabatta bread & breakfast ciabatta rolls:**

**WHEAT Flour (Flour (WHEAT Flour**, Calcium, Iron, Niacin, Thiamin)), Water, Light **RYE Flour**, Yeast, Salt (Salt, Anti-caking Agent (Sodium Ferrocyanide: E535), **WHEAT GLUTEN**, Extra Virgin Rapeseed Oil, **BARLEY Malt Flour**, Bread Improver (**WHEAT Flour** (with Calcium, Iron, Niacin, Thiamin), Enzymes: Xylanase, Alpha Amylase, Glucose Oxidase, Flour Treatment Agent:Ascorbic Acid)

**Buttermilk Chicken Fillets:**

Chicken Breast, **Wheat Flour**, Water, Maize Starch, Modified Starch (Tapioca, Maize), Vegetable Oil (Palm, Soya), Salt, **Buttermilk Powder**, Rice Flour, **Wheat Gluten**, Stabilisers (Triphosphates), Raising Agents (Diphosphates, Sodium Carbonates), Flavouring, Spice, Garlic.

**Beer battered cod:**

**Cod (Gadus Macrocephalus) (Fish) (50%), Wheat Flour** (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin), Rapeseed Oil, Water, Salt, Maize Starch, **Wheat Starch**, Raising Agents (Diphosphates, Sodium Bicarbonate, Ammonium Carbonate), Yeast, Beer (0.02%), Stabiliser (Xanthan Gum), Dextrose, Flavouring, Citric Acid, Garlic Powder, Sunflower Oil, Sunflower Lecithins