

LIFE'S A BEACH FOOD MENU

PLEASE SEE OUR SPECIALS
BOARD FOR DAILY SPECIALS

ANY ALLERGIES PLEASE
SPEAK TO A MEMBER OF
STAFF FOR A COPY OF OUR
ALLERGEN MENU

BREAKFAST 9AM-11.30AM

BACON BAP	£5.25
SAUSAGE BAP	£5.25
BACON & EGG	£5.95
SAUSAGE & EGG	£5.95
BACON & SAUSAGE.	£7.25
BACON, SAUSAGE & EGG	£7.90
DBL EGG BAP	£4.20
BREAKFAST BAP	£8.15

(2 BACON, 2 SAUSAGES, FRIED EGG & HASH BROWN)

GRANOLA, YOGHURT & BERRY POT	£5.20
VEGAN SAUSAGE BAP	£5.25
VEGGIE SAUSAGE & EGG BAP.	£5.95
TOAST (MALTED BLOOMER) WITH JAM & BUTTER.	£3.25
TOASTED CROISSANT & JAM	£3.25

TOASTED CIABATTAS

GF FREE BREAD OPTION AVAILABLE ON REQUEST.

BACON, BRIE & CRANBERRY	£6.70
BACON, CHEDDAR & TOMATO.	£6.50
CHICKEN, MOZZARELLA, TOMATO & PESTO.	£7.00
HAM & CHEDDAR	£6.50
TUNA MELT	£6.60
MOZZARELLA, TOMATO & PESTO	£6.50
(VEGAN OPTION AVAILABLE)	
CHICKEN, CHORIZO, CHEESE & GARLIC MAYO.	£7.00
MEDITERRANEAN VEGETABLES & GOATS CHEESE	£6.60

SANDWICHES

SERVED ON MALTED BLOOMER
WITH VEGETABLE CRISPS. GF
FREE BREAD OPTION AVAILABLE

HAM & CHEDDAR SALAD	£7.50
CHICKEN SALAD & MAYO.	£7.50
TUNA MAYO & SALAD.	£7.50

CRAB £13.50
(BROWN & WHITE MEAT)

BURGERS & HOT DOGS

BEEF BURGER. £7.30

With burger sauce & relish, lettuce, tomato & Onion.

CHEESE BURGER. £7.55

With cheddar, burger sauce, relish, lettuce, tomato & onion.

MAEN BURGER. £8.30

With bacon, cheddar, burger sauce, relish, lettuce, tomato & onion

HALLOUMI BURGER £7.00

With Harissa Mayo, lettuce & red peppers.

FISH FINGER BAP £7.30

With tartar sauce & lettuce

PLAIN HOT DOG. £5.25 Add onions for free!

Hot Dog & Cheese. £5.30 Add onions for free!

SIDES & MAINS

CHIPS £3.60 CHEESY CHIPS £4.60

(GF option available on request)

CHIPS & CURRY SAUCE £5.10

CHEESY CHIPS & CURRY SAUCE £5.60

CAJUN SEASONED CHIPS & CHIPOTLE MAYO £4.60

SAUSAGE & CHIPS. £7.10

SAUSAGE & CHEESY CHIPS. £7.85

SAUSAGE, CHIPS & CURRY SAUCE £8.60

SAUSAGE, CHEESY CHIPS & CURRY SAUCE. £9.60

KIDS MENU

FISH FINGER & CHIPS	£5.00
CHEESE SANDWICH.	£3.50
HAM SANDWICH	£3.75
HAM & CHEESE SANDWICH	£3.95
(All served on white bread with vegetable crisps)	
GF Option is available on request	
Add cucumber, lettuce or tomato to any kids sandwich for free!	

DRINKS MENU

Any Allergies? Please speak to a member of our staff for a copy of Allergen Menu.

HOT DRINKS

WHITE COFFE (8OZ)	£2.80
BLACK COFFEE (12OZ)	£2.75
FLAT WHITE (8OZ)	£3.10
CAPPUCINO (12OZ)	£3.10
LATTE (12OZ)	£3.10
MOCHA (12OZ)	£3.40
SMALL TEA (8OZ)	£1.70
LARGE TEA (12OZ)	£1.90
CHAI LATTE (12OZ)	£3.10
DIRTY CHAI LATTE (12OZ)	£3.60

ADD OAT MILK TO 8OZ	£0.30
ADD OAT MILK TO 12OZ	£0.60

ICED LATTE WITH OAT OR SOYA MILK (12OZ)	£3.90
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ICED LATTE (12OZ)	£3.30
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SHOT OF SYRUP: VANILLA, CARAMEL OR HAZELNUT	£0.60
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HOT CHOCOLATES

HOT CHOCOLATE	£3.10
KIDS HOT CHOCOLATE	£3.00
ADD CREAM	£0.60
ADD MARSHMALLOWS.	£0.60

SPECIAL HOT CHOCOLATE (12OZ). £4.30

SERVED WITH CREAM, MARSHMALLOWS, CHOCOLATE SAUCE

FLAKE &

SPECIAL ORANGE HOT CHOCOLATE (12OZ) £4.30

SERVED WITH ORANGE SYRUP, CREAM, & CHOCOLATE ORANGE PIECES

HOT CHOCOLATE WITH OAT OR SOYA MILK (12OZ) £3.70

SPECIALITY TEAS 8OZ/12OZ

GREEN TEA	£1.90/£2.10
EARLY GREY	
PEPPERMINT	
REDBUSH	
CHAMOMILE	
LEMON & GINGER	
BLACKCURRANT & BLUEBERRY	
MANGO & STRAWBERRY	
CRANBERRY & RASPBERRY	
ST CLEMENTS	

COLD DRINKS

FROBISHERS APPLE OR ORANGE JUICE	£2.10
SAN PELLEGRINO ORANGE	£2.10
CAWSTON PRESS SPARKLING RHUBARB, GINGER BEER OR ELDERFLOWER	£2.10
COCA COLA, DIET COKE OR COKE ZERO.	£2.00
FANTA ORANGE, LEMON OR SPRITE.	£2.00
CAWSTON PRESS APPLE & MANGO OR APPLE & SUMMER BERRIES CARTON	£1.70
STILL OR SPARKLING WATER	£1.70

SMOOTHIES £5.60

PLEASE ASK A MEMBER OF STAFF FOR CURRENT FLAVOURS
STRAWBERRY & BANANA
PINEAPPLE & COCONUT
KALE, LEMONGRASS, BANANA & MANGO

ICE CREAM

MILKSHAKES (16OZ)

CHOOSE FROM ANY OF OUR 20+ FLAVOURS OF KELLY'S OF CORNWALL ICE CREAM TO BE BLENDED FOR A DELICIOUS MILKSHAKE!
REGULAR £6.00
DELUXE (ADD CREAM, MARSHMALLOWS, FLAKE & SAUCE TOPPING) £7.00